



## FLETCHERS FARM RIDING SCHOOL

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## Activities for May Half Term & June 2019

at

**Fletchers Farm**

**Riding School**

*Please see our website for full details of these and other future events including:*

*Social Ride & Coffee Club - Tuesday & Wednesday mornings*

*Unaffiliated Dressage Show – Saturday 1<sup>st</sup> June*

*Novice Show Jumping Show - Sunday 30<sup>th</sup> June*

*BHS Essential Horse Knowledge Certificate Level 1 - starts Sunday 19<sup>th</sup> May*

*FFRS Loan Scheme*

## Introduction to Barrel Racing

**Monday 27<sup>th</sup> May**

*Barrel racing is a speed competition where the horse and rider run a cloverleaf pattern around 3 barrels in the fastest time possible. The sport enables all levels of riders to grow and enjoy the sport from lead rein to advanced; there's no tack and turn out judging so long as you are clean and smart, there's no special equipment required!*

*We are offering 30 min sessions to try out this fun activity, for 3 riders at a time. Riders will be put together in either Loping Lead Rein, Tranquil Trot or Crazy Canter sections, depending on skills and confidence. Groups can choose to either compete against each other timewise, or practice working on improving times individually within the session.*

*From 10.00am -Times to be confirmed*

Cost:

*£20.00 Loyalty Scheme Members*

*£25.00 Non-member riding school clients*

*Riders on own horses - £15.00 (Horses must have up to date vaccinations and passport must accompany the horse on the day if the horse is not a FFRS livery)*

*Prices include horse use*

## Children's Activity Morning

**Tuesday 28<sup>th</sup> May**

*A non-ridden fun morning for children aged 5 years and upwards*

*Come along for a morning of fun, games and ponies!*

*The morning will consist of activities such as:*

*Nature/orienteering walk*

*Water gun target practice/games*

*Arts and Crafts*

*Grooming Ponies*

*09.00-13.00*

Cost:

*£15.00 Loyalty Scheme Members*

*£17.50 Non-member riding school clients*

*Please bring weather appropriate clothing/sun cream and a drink or snack. Please ensure you advise us of any allergies/health issues when booking. If your child attending is not a current customer with us, a parent/legal guardian will be required to complete a rider registration form with us when dropping the child here on the day. Please note once booked the morning is non-refundable, and if you have to cancel on the day the booking fee is can not be moved to another day/activity.*

# Jackie's Jump Clinic

Wednesday 29<sup>th</sup> May

Keen to learn more about jumping? Jackie is offering group sessions in the outdoor arena working on a variety of different jumping skills/levels.

10.00-11.00hrs – Jump seat group

- Practising your position and light seat required for jumping. Will involve working over poles on the ground and maintaining your position through a variety of exercises. Ideal for riders in our intro groups and upwards.

11.00-12.00hrs – Cross poles group

- Working over small cross poles. Focusing on linking fences together and looking at approaches/departures at fences. Ideal for riders in our novice level lessons and upwards.

12.00-13.00hrs – Small jump group

- Working over fences up to 50cm approx. Focusing on impulsion and energy to fences and riding doubles. Ideal for riders in our intermediate level and upwards.

13.00-14.00hrs – Jump group

- Working at fences of 70-80cm heights. Will include jumping over spreads and doubles. Will suit intermediate level riders and above.

Sessions will be for one hour for 4 riders. Horses for this clinic will be allocated by staff.

Cost:

£30.00 Loyalty Scheme Members

£34.00 Non-member riding school clients

Prices include horse use. Please note once booked clinics are non-refundable. If there is a waiting list and we can resell your space then we will refund.

# Pony Day

Thursday 30<sup>th</sup> May

A fun filled day with a chance for the children to get hands on experience with our ponies. They will be able to groom and spend time with the ponies and participate in practical or theoretical stable management as well as games and competitions. Includes a one-hour riding lesson on a pony of your choice (subject to suitability/availability). Open to all ages and abilities. Please bring your own packed lunch, drink and weather appropriate clothing.

Time: 10.00 – 15.00hrs

Cost:

£40.00 Loyalty Scheme Members

£44.00 Non-members

(includes a rosette and a £5 discount voucher for a group lesson)

**Please note once booked, our events are non-refundable. Photographs from these activities may be included on our website or facebook page, please email to: [manager@fletchersfarm.co.uk](mailto:manager@fletchersfarm.co.uk) if you would prefer not to have the photographs shared.**

# Sam Curnick BSc (Hons)

## Equine Sports Therapist & Equine Body Worker – Pole Clinic

Sunday 7<sup>th</sup> July

These pole clinics are based on exercises from a therapists perspective. The aim of the sessions is to improve riders knowledge and understanding of how their horses are working over the poles. In the ridden sessions, they will be able to feel the stretch and engagement with various pole routines set out. Both flat and raised poles will be used within the rhythm of both walk and trot. Sessions will also include a warm up/cool down section. We are offering one-hour sessions with Sam for a maximum of four in a group.

All abilities welcome with rosettes for every participant plus an information pack which contains homework pole work routines/suggested filming sessions.

Time: 9-10am - In-hand sessions

10-11.00, 11-12.00 & 12-1pm - Ridden sessions

£30.00 Loyalty Scheme Members (includes horse hire)

£40.00 Non-member riding school clients (includes horse hire)

£30.00 Riders with own horses

Please note once booked clinics are non-refundable. If there is a waiting list and we can resell your space then we will refund.